

PRAYER AND PRAISE

TUESDAY EVENINGS

6.30 to 7.30

**WOULD YOU LIKE TO SPEND AN HOUR IN
 QUIET CONTEMPLATION WITH
YOUR LORD?**

You will be able to sing some favourite hymns, read the Bible, ask questions—we love this! Also learn about some people in the Bible you might not even know existed. What did they do? Why are they there?

There is also a time to be quiet, a time to meditate and just sit, or bring your own prayers to your Lord.

Are you are feeling a bit low....things getting on top of you....people getting you down or is there someone you know not well.....or are you not well?

As the advert says,

are YOU paying too much?

Are you trying to do too much on your own ?

then

IT'S TIME TO CHANGE YOUR. ENERGY SUPPLIER!

It's FREE. Everything has been done for you.